



Tools For Action

A sample of physical education initiatives in Wisconsin

Walking Club

Contact Information

Main Contact Person
Rob Comp
Title of Main Contact
P.E. Teacher
School Name
Green Bay Ave. Elementary
School District Name
M.P.S.
Contact Phone Number
414-267-4600
Contact Email Address
robacomp@yahoo.com

Program Information

Program Name
Walking Club
Program Category
Recess ideas that complement PE class
Grade Level
Elementary School (3-5); Elementary School (K-2)
Assessment Method

Program Information

Products Developed or Materials Used:

We do use pedometers, however we only have 3.

Program Description:

Students can walk a mile a day during recess to earn prizes or extra credit for regular P.E. class. The more miles they achieve the better prizes or higher grade they can receive.

For information on other **Physical Education Best Practices**, visit the website at:

<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:

<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

or contact staff at: <http://dhfs.wisconsin.gov/health/physicalactivity/>
Meineam@dhfs.state.wi.us (Amy Meinen, Nutrition Coordinator)
Morgajg@dhfs.state.wi.us (Jon Morgan, Physical Activity Coordinator)
Pesikme@dhfs.state.wi.us (Mary Pesik, Program and Grant Coordinator)